

## Jenny's Place Domestic Violence Resource Centre Newcastle

**Phone: 4927 8529**

Support is available to women, their families and friends who require information on Domestic and Family Violence, advocacy, support and referral to a range of services including:

- Free professional counselling
- Free legal advice,
- AVO and court support,
- Victim's compensation,
- Accommodation
- Empowerment strategies to re-build confidence & self esteem

### What is Domestic Violence?

Domestic Violence can take many forms and can be all or any of the following behaviours:

- Physical abuse - Pushing and Shoving
- Sexual Assault - Verbal Abuse
- Constant criticism - Being Humiliated
- Damaging property - Hurting Pets
- Not being allowed out of the house, not allowed to have family or friends visit
- Being denied access to money
- Threats and Intimidation
- Threats made against your family members
- Abuse and threats to children who live in fear

### Planning your escape

- Decide who you will call if you are in danger
- Decide where you will go if you need a safe place in an emergency
- Keep some money hidden for a taxi or a bus
- Keep your own house and car keys
- Have a list of emergency numbers
- Keep your important documents in a safe place with easy access

### Helpful Services

- **Link 2 home 1800 152 152**  
24 hour homeless referrals
- **24 hour Domestic Violence Hotline 1800 656 463**
- **Jenny's Place Domestic Violence Resource Centre 4927 8529**  
[resourcecentre@jennysplace.org](mailto:resourcecentre@jennysplace.org)
- **Hunter Community Legal Centre 02 4940 49120**
- **Newcastle Domestic Violence Court Advocacy Service 02 4940 8766**
- **Staying Home Leaving Violence 02 4926 3577**
- **Lifeline 13 11 14**

### Want to help us help others?

Although we receive some funding, this does not cover all our service costs or meet all the needs of clients experiencing domestic violence. You can help us do that.

**All donations over \$2 are tax deductible**

**Donations can also be made via [www.givenow.com.au/jennysplace](http://www.givenow.com.au/jennysplace)**

Jenny's Place is partially funded by Family & Community Services (FaCS)

# Jennys Place

Women's Domestic Violence & Homeless Support Services



A specialist support service for women and children who are experiencing Domestic & Family Violence and/or Homeless and/or at risk of Homelessness.

Providing crisis and transitional supported accommodation and Outreach support to women.

**Newcastle Phone:**

**02 4929 6289**

**Email:**

**[referrals@jennysplace.org](mailto:referrals@jennysplace.org)**

## Supported Crisis Accommodation

Jenny's Place provides safe, supported crisis accommodation for women with/without children who are homeless and/or experiencing domestic and family violence. Our properties have a warm and welcoming atmosphere and staff who work in an empowering manner while ensuring all your initial basic needs are cared for on arrival. You will have your own room with shared communal kitchen, living and bathrooms.

### Services provided include (but not limited to)

- Available staff to listen and work with you on individual needs
- Assistance to obtain and sustain long term housing
- Help to obtain Centrelink benefits
- Support to obtain legal advice, Apprehended Violence Orders, Court Support and family Law etc.
- Referrals for counselling, family support, CALD and Aboriginal Specific services, child care and other support services depending on client needs
- Support Groups for women
- Post Crisis support provided to women once they re-establish themselves in their new home environment
- Information on Domestic and Family Violence provided to individuals, groups, businesses and community organisations

Domestic Violence hurts Children too. We provide individualised Case Management Support to children and refer to a range of children's support services to meet their needs.



## Supported Transitional Accommodation

Jenny's Place provides medium term Supported Transitional Accommodation for between 3-12 months for women and their dependent children. This program provides Case Management support and accommodation to women wanting to work on issues affecting their ability to obtain and sustain long term housing.

Women and children are offered a safe environment while they create a new start, build a positive rental history, attend to personal issues, family law matters, undertake training and prepare for employment, develop new skills etc. Women engage with a support worker for the duration of the lease to work on client identified goals. This is an opportunity for people to make real changes in their lives and regain their independence.

The needs of children are identified and included in the support plans.

When clients are ready, staff work with women to find alternative long term housing.

Referrals are made to other supports services depending on the needs of each family ensuring that adequate long term support is in place as requested.

## Outreach Support Services

Outreach support services are provided to women and children in the community include:

### Assistance to obtain Housing

Help to navigate the housing system, providing information on housing options and available Housing NSW products. Staff advocate to help break down barriers to accessing long term housing and refer women to a variety of support services to assist them to maintain their tenancies & prevent them from becoming homeless.

### Tenancy Support

Women sometimes find their tenancies are at risk and without appropriate intervention, tenancies can be terminated. Staff access a range of support services to assist women to maintain their tenancies.

### Mobile Outreach Support

Outreach staff attend a number of locations in the community where women are able to access information and support:

- The Soul Café
- The Oasis Centre-Wesley Mission
- Rosella Cottage

Please ring to check dates and times for these schedules.

To access any of these services please contact our intake line between 9am and 5pm Mon - Fri on **02 4929 6289**.

